Iggy
the Lion

A little about myself to help you in writing a letter of recommendation.
Background

I come from the genus Panthera and Felidae family. I’m the middle child of 1 brother and 2 sisters.

Born and raised in a rural area of the Southern California mountains, with limited resources. My parents worked to support a family of six. I am a first generation college student.
I attend Loyola Marymount University where I am majoring in Sociology. I love examining and understanding the patterns of relationships of our society. I am especially interested in applying my knowledge to the medical field.
I’m working with Dr. Yzquierdo on ethnic identity development in first-generation Latino college students. I’ve acquired critical research skills for qualitative and quantitative methods with data collection, analysis, and interpretation.

Our findings are currently being reviewed for publication!
Service

Crimson Circle
Tutoring and mentoring high school students in underserved communities.

Alternative Break
Trip to Haiti highlighting the social justice issues, socioeconomic discrepancies, service and cultural exchange through community based learning.

Trevor Project

Project Angel Food

Asian Pacific American Dispute Resolution Center
Leadership

General Biology Lab Teaching Assistant
Setting up labs, assisting Dr. McElwain and Dr. Watts, demonstrating proper safety measures and tutoring/mentoring students.

MAPS (Minority Association of Pre-health Students)
Provide resources for undergraduate students interested in the health professions. Disseminate information about events and opportunities for involvement.
Clinical Experience

Lions for Venice Family Clinic
Clinical assistant at a local free clinic in Venice, California. Helping patients have a comfortable and timely experience. Discussion forums afterwards provide us an opportunity to reflect. Also, serve as a bilingual translator.

LMU EMS
Certified Emergency Medical Technician. As a first responder, I provide first aid, stabilization of the patient, and coordination an emergency response with Public Safety and Los Angeles City Fire Department.

Shadowing Dr. Takahashi, General Physician
Twice a week I observe Dr. Takahashi in the disadvantaged community of South Central Los Angeles conducting medical intakes, diagnosis, and minor operations. Also, bedside manner and office operations.
Sports

Water Polo Club

Team Captain
Please make sure your letter is:

- On official letterhead
- Signed by you
- Typed
- For more information, see this link for competency guidelines for medical school

AAMC's Competencies for Medical Students
Thank you!

Please call me or email me if you have any questions.

lggylion@lion.lmu.edu            310.338.2834